

# Autum Newsletter

# Welcome

Welcome to Autumn at Princess of Wales Day Nursery. We would like to say a big hello to all our new children and their families. 'Croeseo'- We are looking forward to exploring the many sensory play experiences that the Autumn months will bring and incase you didn't notice Autumn is one of our favourite seasons – the unique smells, flavours, textures and colours excite us!.

# Staff News! & Shout outs!



We would like to take this opportunity to share with you all, Kasey our Nursery Manager is expecting her first baby! Rest assured you'll be in very capable hands when she begins her maternity leave, with Cathryn stepping up as Acting Manager until Kasey's return in Autumn 2024!

Kasey is hoping to begin her well-earned maternity leave towards the end of January 2024. We already can't wait to welcome your precious baby girl into our Schoolhouse family.

We would like to welcome Teiya to our team!

Teiya is a qualified Level 2 member of staff who is working towards her Level 3 CCLD qualification. She will work in all sections of our nursery as she has lots of experience working within a nursery setting and enjoys working with all agesTeiya enjoys the unique personalities of all the children in her care and prides herself on knowing each and every one of them.



We would also like to welcome Kayleigh to our team as our new Toddler room Supervisor.

Kayleigh is a fully qualified member of staff who holds a Level 3 CCLD qualification, she has joined us from Heronsbridge school where she worked with children who had Additional Learning Needs. With an energetic and patient nature, we are sure you will all soon get to know Kayleigh's fun and bubbly personality as she gets to know you and your child/ren.

And finally, the warmest welcome wishes to Kerry from everyone at Princess of Wales.

Kerry has joined our team as our new nursery cook! She holds a Level 3 food hygiene qualification and has worked in professional kitchens for just over 13 years! Kerry is a proud mum of two who loves to cook at home too; we are excited to confirm that her cooking is very delicious, and the children are enjoying their meals. Please view our Autumn menu on the website.

# Important Dates for your diary

### **October**

25<sup>th</sup> – Parents evening, time slots will be open 2 weeks before the date to book.

26<sup>th</sup> – Concept photography will be at nursery, reminder post with details will go out closer to the time.

27th - Schools break up for half term

31st October- Halloween (Children are welcome to dress up if they wish)

#### November

3rd - Celebrating Bonfire night ready for Sunday 5th

10th- Celebrating remembrance day ready for Saturday 11th

13th - Celebrating Diwali

14th- Nursery Rhyme week

### **December**

4th- Tree dressing day (please all bring a Christmas bauble in for our tree, homemade or bought)

7<sup>th</sup>- Christmas jumper day (come in wearing a Christmas jumper)

8th- Celebrating Hanukkah

24th- Christmas eve

25<sup>th</sup> – Christmas Day (Nursery Closed)

26th- Boxing Day (Nursery Closed)

1st January (Nursery Closed)

## Parents Notice

We have not quite settled into the Autumn weather yet, so please remember to dress your children in appropriate clothing for the weather conditions daily. The children are using the outdoors regularly so can we ask parents to be prepared with the changing weather and provide spare clothes.

If you would like to bring in wellies to keep at nursery please make sure you clearly label them with your child's name on both boots, these will be kept in our welly box in the lobby area.

# Tips for Keeping your child well this Autumn

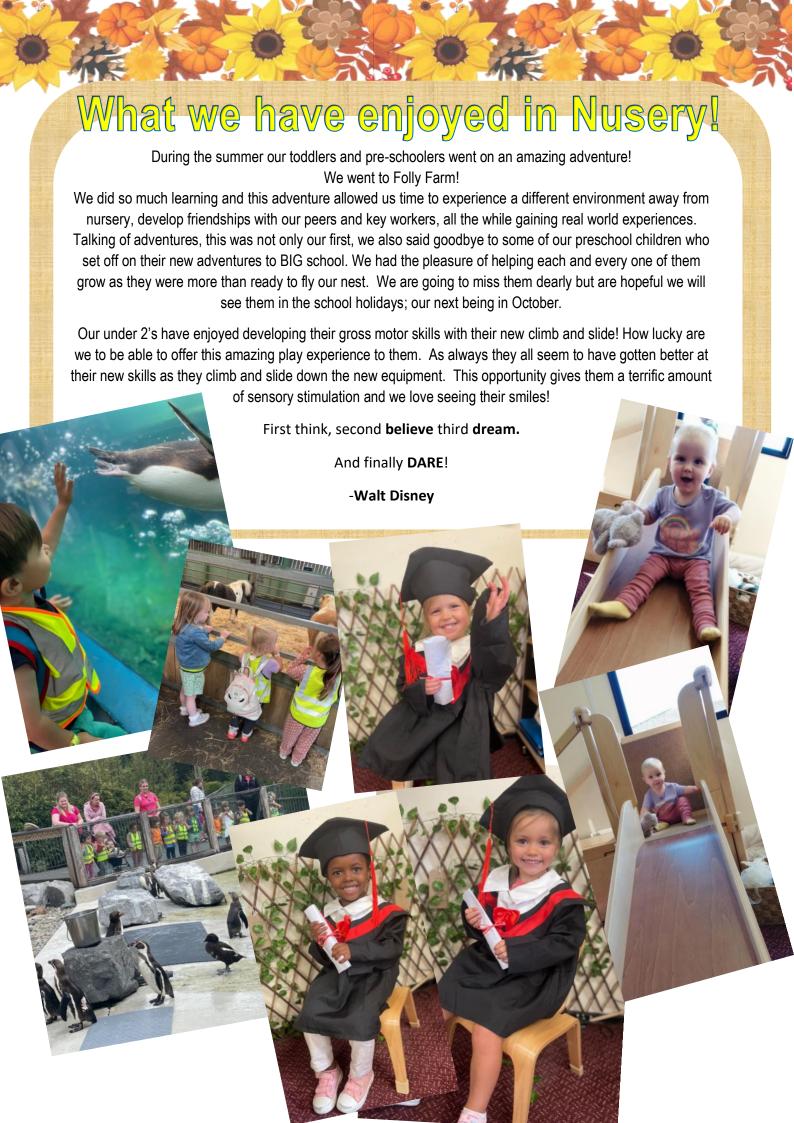
- Good hand hygiene
- Wrap up warm when outdoors
- Drink plenty and eat healthy
- Stock up on Medicines
- Get plenty of sleep
- Keep vaccinations up to date

### Write a review

We would love to hear your feedback about our nursery and the service we provide.

We have made writing a review easier for parents by supplying you with the link below. https://www.daynurseries.co.uk/review submit/65432129311/rcsid/1012

Thank you for your time in completing a review, Diolch.



### **Autumn Wish List**

This Autumn we would like to expand our curiosity and would like you to help by bringing in the following:

- -Something prickly, smooth, red, orange and brown for our sensory baskets.
- Old pots, pans, or metal utensils for our children to use in our mud kitchen outside. They can pretend to bake!
- -Tubs/tins with lids for our home corner.
- -Adult Clothing, hats, bags, shoes, and bracelets for our dressing up area. Cultural clothing and accessories are welcomed so that we can embrace the cultures of all our families.
- Old and broken phones, laptops, keyboards, and electricals.

# Try making some healthy

## pancakes at home

### Apple Oatmeal Pancakes

Prep time	Cook time	Total time
20 mins	20 mins	40 mins

Author: Meredith @ Homegrown Friends

Serves: 6

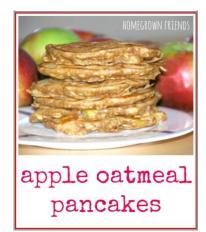
### **Ingredients**

- 1 cup quick oats
- ½ cup flour (can substitute whole wheat flour)
- ½ tsp baking soda
- ½ teaspoon baking powder
- 1/2 teaspoon salt
- 1 tablespoon brown sugar
- 1 egg
- 1 cup milk of choice (I use almond milk)
- 2 tablespoons vegetable oil or melted butter
- 2 teaspoons cinnamon
- ½ teaspoon ground clove
- ½ teaspoon nutmeg
- 4 apples, peeled and diced (sauté apples in a teaspoon of oi/butterl over medium heat until they start to turn a caramel color)

#### **Instructions**

- 1. Begin by peeling and dicing four apples.
- 2. Sauté the apples on medium heat in a teaspoon of vegetable oil or butter until the apples begin to turn a caramel color. Remove from heat.
- 3. While the apples are cooking make the pancake batter.
- 4. Combine the oats, flour, baking powder, baking soda, brown sugar and salt.
- 5. Add the milk, melted butter/oil, egg, cinnamon, clove and nutmeg.
- 6. Stir until combined.
- 7. Add the sautéed apples to the pancake mixture and stir until combined.
- 8. Spoon approximately 1-2 tablespoon amounts of pancake mixture onto a hot, greased griddle.
- 9. Flip when golden brown.
- 10. Serve with maple syrup. Enjoy!

Recipe by Homegrown Friends at https://homegrownfriends.com/home/apple-oatmeal-pancakes/





### Parent News!

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From the 5<sup>th</sup> of September our new Autumn/Winter menu has been in place. We are now going to be using a 3-week menu giving the children a more varied, nutritional and balanced diet following the healthy preschool initiative. Thank you to those parents who gave ideas towards our menus, you may spot

them through the coming weeks!

I think the first few weeks of implementing it has been a massive success thanks to our new cook Kerry who is adding her homely touches which both

children and staff are enjoying!

For more information, Please get in touch today...

Did you know that we are doing free registration in all our nurseries! You might have seen our posters about, tell your friends and family-valid until December.

had the Nasal Flu

Gall filliwfod yn Flu can be very serious for childre

Mae Brechu yn achub bywydau Vaccination saves lives

### **Halloween Events in Bridgend**

Bryngarw Country Park- 29th October Halloween Hunt for the family recommended for ages 0-8 years.

Parc Slip Visitor Centre- Saturday 28th October 1:30-3pm Halloween afternoon

Pick your own pumpkin- Blackmill CF356EB opens Saturday 7th October

### Do you work 16 hours or more a week? Is your child aged 3 or 4?

If so, the Welsh Government might be able to fund up to 30 hours of childcare per week For more information about what is available and how to apply, please contact Denbighshire Family Information Service

www.denbighshire.gov.uk/childcare childcareoffer@denbighshire.gov.uk

Bonfire night displays-

Porthcawl at the Hi-Tide-5th November starts at 7.30pm entry is free

Pyle Rugby Club- 5th November star

Pencoed Felindre Road playing fie tarts at 6.15pm entry is free

Llangewydd Arms- 6<sup>th</sup> November starts at 7pm entry is £5.

Is your child aged 3 or 4 years old?

Are you eligible for 30 free hours?

Unsure, just ask a senior member of the team and we can help