



Autumn / Winter Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereal	Crumpets and banana, milk	Toasted bagel and cream cheese, milk	Toasted fruit loaf, milk	Choice of cereal
Lunch	Chicken curry with rice and poppadum's	Cheesy potato pie and baked beans	Lasagne with salad or vegetables	Leek and Potato Soup with crusty bread	100% cod fish fingers, mashed potato with sweetcorn and peas
Dessert	Mandarins with vanilla ice-cream	Apple & pear slices	Mixed fruit salad	Chocolate orange sponge with custard	Fruit crumble & evaporated milk
Babies - weaning	Baby rice & carrot	Sweet potato & apple	Potato & mixed veg	Parsnip & swede	Potatoes, peas & broccoli
Tea	Crackers, apple slices and cheese	Ham, salad pitta pockets	Cheese sandwiches with tomato slices	Chicken sandwiches with Melon	Yoghurt and mint dip with pitta fingers and cucumber slices
Babies - weaning	Fromage frais,	Pureed banana	Mixed fruit puree	Fromage frais	Apple and pear puree
Late Tea	Banana	Toast	Bread sticks	Oranges	fruit loaf



Autumn / Winter Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereal	Mixed fruit and yoghurt	, milk	Choice of cereal	Toast and banana, milk
Lunch	Cheesy tuna and sweetcorn pasta	Vegetarian cottage pie with broccoli	Sausage Dinner, roasties and veg	Pasta bolognaise	Home made chicken goujons with creamy mash and beans
Dessert	Melon smiles	Pineapple upside down cake and custard	Fruit jelly	Banana's & custard	Red berry mousse
Babies - weaning	Sweet potato & parsnip	Potato & broccoli	Baby rice & carrot	Peas & cauliflower	Parsnip & swede
Tea	Baked beans on toast	Egg and cress rolls with pepper batons	Rice cakes, salmon pate and cucumber	Apple and pear slices, crackers and cheese	Ham sandwiches with yoghurt and fruit
Babies - weaning	Pear & peach puree	Pureed apple & custard	Fromage frais	Apple & pear puree	Pureed banana
Late Tea	Melon	Oranges	Breadsticks	Brioche	Banana