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| **Week 1** | **Breakfast** | **Lunch** | **Dessert** | **Tea** | **Fruit snack** |
| **Monday** | Choice of cereal | Cheese & tomato pasta bakeGarlic bread slice Mixed vegetables  | Strawberries and ice cream | Ham sandwiches with cucumber slices  | Apples |
| **Tuesday** | Crumpets with apple | Poached chicken breastBoiled potatoes Carrots, Stuffing ballsGravy | Banana mousse  | Bagels with cream cheese, red pepper with cucumber batons | Pears |
| **Wednesday** | Toast and Banana | Mild fruit & chicken KormaRice/ naan bread  | Orange jelly | Carrot and pepper batons pitta bread with dips and fromage frais | Apple slices  |
| **Thursday** | Choice of cereal | Baked sausages in onion gravy Mashed potatoes and peas  | Peaches and pears  | Tuna rolls with cucumber slices | Banana |
| **Friday** | Weetabix with banana | Corned beef pieBaked beans  | Strawberry yoghurt  | Chicken and lettuce wraps with apple slices | Melon smiles  |

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| **Week 2** | **Breakfast** | **Lunch** | **Dessert** | **Tea** | **Fruit snack** |
| **Monday** | Choice of cereal | Sausage casseroleNew potatoes | Pear and pineapple slices | Chicken and sweetcorn sandwiches with apple slices | Banana |
| **Tuesday** | Vegemite on toast | Beef lasagne Garlic bread  | Banana cake & custard | Salmon on crisp bread with cucumber slices and carrot batons | Pears  |
| **Wednesday** | Pancakes, apple slices | Poached chicken breast with tomato sauceJacket wedges/ peas  | Fruit fool | Bagels with cream cheese, peppers, cucumber batons  | Melon  |
| **Thursday** | Toast and banana | Salmon pasta bakePeas & sweetcorn | Strawberry jelly | Cheese rolls with coleslaw and tomato slices and fromage frais | Apples |
| **Friday** | Choice of cereal | Cheese and potato pie Baked beans  | Mango frozen yoghurt  | Ham and lettuce wraps with pepper batons  | Orange wedges |

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| **Week 4** | **Breakfast** | **Lunch** | **Dessert** | **Tea** | **Fruit snack** |
| **Monday** | Choice of cereal | Beef & tomato stewMashed potato | Peach melba yoghurt  | Pizza muffins, with cucumber/ apple slices | Melon smiles |
| **Tuesday** | Toast with banana | Chicken Tikka Masala Rice/ naan bread  | Chocolate sponge | Crackers cheese spread, tomato slices  | Orange wedges |
| **Wednesday** | Pancakes with pear | Cheesy tuna & potato pieBaked beans | Jelly & fruit | Crusty bread with butter, ham and cucumber slices | Apples |
| **Thursday** | Natural yogurt with banana | Roast chicken & gravyRoast potatoesPeas/ carrots, stuffing balls | Apple crumble & custard  | Tuna crème fraiche sandwiches with pepper batons | Pears |
| **Friday** | Choice of cereal  | Spaghetti bolognaiseGarlic bread  | Strawberry mousse  | Chicken sandwiches, tomatoes and yogurt | Banana |

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| **Week 3** | **Breakfast** | **Lunch** | **Dessert** | **Tea** | **Fruit snack** |
| **Monday** | Choice of cereal | Cauliflower, broccoli and tuna pasta bakeGarlic bread  | Mixed fruit salad(Banana, peach, pear, pineapple) | Crusty Bread with Patecucumber | Orange wedges |
| **Tuesday** | Croissant and banana | Salmon fishcakes served with tomato sauce, Sliced green beans & cauliflower | Jam sponge & custard  | Rice cakes, chicken slices, carrot batons and yogurt | Apples |
| **Wednesday** | Weetabix | Traditional cottage pieGarden peas/ carrots  | Fruit yoghurt | Crackers with cheese slices, ham and tomatoes |  Banana |
| **Thursday** |  Natural yogurt and banana | Mac & CheeseSweetcorn/ rustic bread  | Peaches & ice cream | Turkey sandwiches and apple slices  | Melon smiles |
| **Friday** | Choice of cereal | Pork meatballs with tomato sauce Spaghetti/ mixed veg  | Carrot cake | Pitta breads, dips, peppers and carrot | Pears |