



Date for your Diaries

22nd December- close at 4pm
 25th December- Closed
 26th- December- Closed
 27th-29th December- open as normal
 1st January-closed
 2nd January onwards- open as normal

We hope you have a healthy and happy Christmas and new year.



Staff news

This month we welcome a new apprentice Erin to our team. Erin is bringing some new ideas and is excited to start her professional journey with us.

We would like to congratulate Vicky in her promotion as Office Manager, she will be on hand in the office for any of your invoice or funding questions and to support the Nursery.

We are sad to see Sarah leave us, but she has a new and exciting opportunity at Singleton day Nursery, supporting the team there as Office Manager. She continues in her role and Schoolhouse Quality Assurance Manager.

All the staff would like to thank you for all your support throughout 2023.

Super easy soup ideas for fussy children-

Soups are a quick, cheap and easy way to support children with their hydration, vitamins, fibre, and protein all in one bowl. The tomato and red pepper recipe is warming and can support a child or adult when they are feeling under the weather.

Tomato (roasted)

Pepper (roasted)

Garlic

Oregano

Olive oil

Potato's

Veg stock

Blend all together.



The Early years celebrations 2024

We have once again been nominated for the early years celebration awards, with a special thanks to you all as we wouldn't be nominated without your votes.



Investors in people award

We are proud to announce that we as a company, were awarded a Silver wellbeing award in investors in people. This looks at how our company promotes well being and looks after our staff. We will be working hard over the next year to reach higher goals of the gold award.

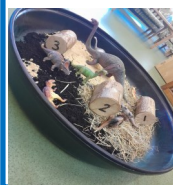




Under 2's

The under 2's is a very busy section full of new skills and big movements. Everything within the section is tailored to the children needs and age, which allows them to safely take risks and explore. We have currently had new equipment based around our babies curiosity to engage their young minds and learn new skills.

Over the last couple of months our children have been exploring different textures, using different muscles in the climb and crawl and experiencing changes of the seasons.




TOOTH TIPS FOR BABIES

TEETHING

- New teeth emerge from about 6 months, and continue until about 2½ years.

Possible signs of teething:

- Restlessness
- Constant crying
- Low-grade temperatures
- Red cheeks
- Not eating and sleeping well
- Drooling
- Desire to bite something hard

High fever, vomiting, diarrhea or ear infections are **NOT** signs of teething - see your health care provider if your baby is showing these signs or if pain and symptoms persist.

TEETHING TIPS

- Apply ice cubes wrapped in a cloth
- Gently massage the gums with a clean finger or the back of a cold spoon
- Solid teething rings can be used (avoid those with liquid inside)
- Teething gels
- Pain Medication as advised by Health Professional

Baby teeth are important!

BABY TEETH

- Help children to eat, speak and smile.
- Make the shape of face and jaw
- Hold the space for adult teeth
- Improve self-esteem by giving your child a nice smile and appearance
- Good oral health habits from an early age help to prevent problems as an adult.

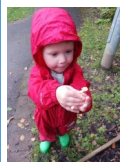
Record each time your baby gets a new tooth on page 27 of their Well Child Health book

For more information on oral health visit www.letstalkteeth.co.nz

Canterbury Community & Public Health

Toddler's

Being a Toddler is hard! With new emotions and discovering how to do new things its easy for them to feel overwhelmed and frustrated. Within our Toddler section our Nursery superstars are there for the children each step of the way, creating activities and providing resources that keep little hand and minds busy and calm. Within the toddler section they have been busy learning about different celebrations and how everyone is different. From Diwali, Children in need, world kindness day to learning British History, we had everything planned. We are now excited for Christmas.



Children that are scared of Potty



TINY Happy PEOPLE

MAKE TOILET TIME FUN, NOT PRESSURED

ENCOURAGE THEIR EFFORTS, NOT JUST END RESULTS

KEEP TOYS OR BOOKS NEXT TO THE POTTY TO HELP HOLD THEIR INTEREST

ADD STICKERS TO THEIR POTTY TO MAKE IT THEIR OWN

PRETEND PLAY WITH THEIR FAVOURITE TOY USING THE POTTY



Pre-school



Pre-school have been really busy over the last couple of weeks. From baking yummy apple pies, to exploring loose parts and outdoor play. Following the new development pathways the team have been creating a sense of cynefin within the section. Our young explorers are pathing their way to their own learning, having a voice within the planning and materials they used. Over the next couple of weeks Pre-school will be working towards supporting children transitioning into school and creating new memories of discovery and learning.



Gingerbread homemade playdough recipe

INGREDIENTS

- 1 cup flour
- 1/4 cup salt
- 2 teaspoons cream of tartar
- 2 teaspoons ground cinnamon
- 1 teaspoon ground ginger
- 1/2 teaspoon ground nutmeg
- 1 teaspoon ground cloves
- 1 cup water
- 1 Tablespoon vegetable Oil

Food colouring (4-5 drops)*



Winter health tips for the whole family

1. *Keep a handle on hygiene- Toddlers put a lot of things in their mouths, and this shares germs. Keep in a routine of washing hands before and after meals and after the toilet.*
2. *Wrap up warm- Save on heating bills, by layering up.*
3. *Eating healthy- try and go for 'rainbow colours when having fruit and veg to ensure you are having different vitamins and antioxidants. Good sources of fat such as fish, nuts and seeds can be really beneficial.*
4. *Drink plenty- keeping well hydrated is so important when the heating is on as this can dry out your skin.*
5. *Get plenty of sleep- adequate sleep and rest is essential for maintaining a healthy immune system.*
6. *Don't hide indoors- lack of sunlight and exercise can lead to a decrease in mood. A brisk walk can make such a difference.*



Five star rating!

We have done it again, our new kitchen assistant Helen has kept up our high standards and we have been awarded a 5 star from the local authority. Well done Helen



Do you know we have our own Facebook page?

We would love you to like and share our content and see what your

Little one gets up to at: [Schoolhouse Daycare limited](#)

