

Singleton Day Nursery Spring/ Summer Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast A choice of water/milk	Choice of cereal	Toasted Crumpets with Banana	Weetabix	Wholemeal toast and apple slices	Croissant & Banana
Lunch	Turkey meatballs & Spaghetti	Vegetable & Red lentil Dhansak with Rice	Salmon & Broccoli pasta bake	Chicken & Vegetable Pie with potatoes and spring greens	Cod and potato curry with Cous Cous
Dessert	Greek Yoghurt with Berry compote	Fruit Jelly	Blueberry Sponge	Pineapple Slices	Summer crumble and custard
Babies - Weaning	Broccoli and potato	Carrot and sweet potato	Cauliflower and apple	Parsnip and swede	Mixed vegetables
Tea A choice of water/milk	Breadsticks with pepper batons and houmous	Beans on Toast	Ploughman's cracker and cheese and pickle	Pancakes and strawberries	Rice cakes, Cucumber sticks and cream cheese
Babies – Weaning	Fromage frais and banana	Pear Puree	Mashed Banana	Melon Smiles	Fruit puree and Natural yoghurt
Late Snack	Melon	Sliced Pear	Bananas	Sliced Apples	Orange Wedges



Singleton Day Nursery Spring/ Summer Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast A choice of water/milk	Choice of cereal	Mixed berry compote with Greek yoghurt	Choice of cereal	Porridge with raisins	Wholemeal Toast with Banana
Lunch	BBQ Chicken with new potatoes and roasted Vegetables	Chickpea and spinach curry with Rice and Naan Bread	Mashed potato Veggie/Fish fingers & baked beans	Salmon & Pea Risotto	Bean & Veggie Sausage wholemeal pasta Bake
Dessert	Lemon & sultana cake	Fruit salad	Apple & Pear slices	Pineapple Slices	Peach fool Ripple
Babies – Weaning	Mixed vegetables and potato	Swede and carrot	Broccoli and potato	Carrot, peas, and potato	Sweet potato and apple
Tea A choice of water/milk	Cucumber & Carrot sticks with cracker breads and cream cheese	Chicken Sandwiches & Sweetcorn	Pitta Bread with Tuna Dip and Cucumber batons	Cream Cheese and chive wraps with pepper batons	Scones and strawberries
Babies – Weaning	Fromage Frais	Bananas	Apple and pears	Natural Yoghurt and Fruit	Mixed fruit
Late Snack	Oranges	Melon Slices	Bananas	Watermelon	Apple and Pear Slices