|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal with milk or water | Toasted crumpets with milk or water | Toast & scrambled egg with milk or water | Toast fruited loaf with milk or water | Choice of cereal with milk or water |
| Lunch | Cheese & potato pie with baked beans | Chicken & Vegetable Jambalaya | Sausage & Vegetable casserole with mashed potato | Pasta Bolognese with home-made garlic bread | Fish Pie with mixed vegetables |
| Dessert | Apple and rhubarb crumble with custard | Fruit Jelly | Jam and coconut sponge with custard | Mixed fruit salad | Egg custard with poached pears |
| Babies - Weaning | Baby rice with Swede and carrot | Baby Rice with Broccoli and potato | Mixed vegetables | Cauliflower and apple | Carrot and sweet potato |
| Tea | Ham sandwiches with pepper sticks | Rice cakes with hummus dip, carrot, and celery sticks | Tuna & cheese wraps with tomato slices | Carrot and sweet potato wedges with cheesy dip | Chicken pitas with salsa |
| Babies – Weaning | Banana | Fromage Frais | Mixed fruit | Banana and custard | Apples and Pears |
| Late Snack | Choice of fruit | Choice of fruit | Choice of fruit | Choice of fruit | Choice of fruit |

Logo, company name

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Singleton Day Nursery

Autumn/ Winter Menu Week 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal with milk or water | Toast & Fruit with milk or water | Croissants & banana with milk or water | Choice of cereal with milk of water | Brioche with milk or water |
| Lunch | Fruity chicken curry with rice & popadums | Fish fingers, mashed potato, and beans | Chicken carbonara with Vegetables | Beef stroganoff with rice and vegetables | Potato & leek soup with home-made crusty rolls |
| Dessert | Plums and custard | Chocolate and beetroot cake | Rice pudding and fruit coulis | Apple crisp with ice cream | Melon Smiles |
| Babies – Weaning | Baby Rice with Parsnip and swede | Mixed vegetables | Broccoli and potato | Carrots and sweet potato | Cauliflower and apple |
| Tea | Spanish omelette | Crackerbread with mint yoghurt and cucumber batons | Spinach and artichoke muffins with apple slices | Beans on toast | Chicken and stuffing sandwiches with sweetcorn |
| Babies – Weaning | Banana | Melon Smiles | Apple and pears | Bananas and custard | Fromage Frais |
| Late Snack | Choice of fruit | Choice of fruit | Choice of fruit | Choice of fruit | Choice of fruit |

Logo, company name

Description automatically generated

Singleton Day Nursery

Autumn/ Winter Menu Week 2