![C:\Users\Amanda\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\V7IU1R0N\1-1232202763DIeJ[1].jpg]()Autumn / Winter Menu Week 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Brioche, milk | Toasted bagel and cream cheese, milk | Toasted fruit loaf, milk | Choice of cereal |
| Lunch | Chicken curry with rice and naan bread | Cheesy potato pie and baked beans | Chicken and mushroom pasta bake and green beans | Beef and vegetable stir fry with noodles | 100% cod fish fingers, mashed potato with baked beans |
| Dessert | Bananas and custard | Apple & pear slices | Mixed berry mousse | Chocolate orange sponge | Fruit crumble & ice cream |
| Babies - weaning | Baby rice & carrot | Sweet potato & peas | Potato & mixed veg | Parsnip & swede | Potatoes, peas & broccoli |
| Tea | Sausage in a bread roll and pineapple slices | Ham sandwiches with sweetcorn on the side | Yoghurt and mint dip with breadsticks, cucumber and pepper sticks | Cheese sandwiches with tomato slices | Homemade pizza and apple slices |
| Babies - weaning | Fromage frais | Pureed banana | Mixed fruit puree | Peaches | Apple and pear puree |

Week 2

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Crumpets, milk | Toast and banana, milk | Choice of cereal | Brioche, milk |
| Lunch | Cheesy tuna and sweetcorn pasta bake | Vegetarian cottage pie with broccoli | Sausage Dinner, roasties and veg | Homemade chicken goujons with creamy mash and beans | Pasta bolognaise with garlic bread on the side |
| Dessert | Melon smiles | Bananas & custard | Fruit jelly | Pineapple sponge | Apples and pears |
| Babies - weaning | Sweet potato & parsnip  | Potato & broccoli | Baby rice & carrot | Peas & cauliflower | Potato, sweetcorn and peas |
| Tea | Baked beans on toast | Cheese on toast with cucumber sticks | Cheesy tuna and mayo wraps with pepper sticks | Crackers, cheese, apples and pears | Chicken sandwiches and pineapple slices  |
| Babies - weaning | Pear & peach puree | Pureed apple & custard | Fromage frais | Apple & pear puree | Pureed banana |