

| Week 1 | Breakfast | Lunch | Dessert | Tea | Fruit Snack |
|---------------|---|---|-----------------------------|--|--------------------|
| Monday | Choice of Cereal and water | Tuna pasta bake, mixed vegetables | Fruit | Ham sandwiches with cucumber slices | Pear and milk |
| Tuesday | Toast with banana and milk | Chicken dinner with potatoes, carrots, peas and gravy | Orange jelly with mandarins | Bagels with cream cheese, peppers and cucumber batons. | Melon and water |
| Wednesday | Brioche with Strawberries and milk | Mild chicken korma and rice | Pear and apple slices | Pitta bread with dips, carrot and pepper batons. | Satsumas and water |
| Thursday | Fruit loaf with banana and a choice of fruit juice. | Cheese and potato pie with baked beans | Banana cake and custard | Open chicken sandwich with cucumber slices. | Banana and milk |
| Friday | Bagels with raspberries and milk | Vegi nuggets, wedges and peas with a tomato sauce. | yogurt | Beans on toast | Apples and water |

| Week 2 | Breakfast | Lunch | Dessert | Tea | Fruit snack |
|---------------|---|---|---------------------------|---|-----------------------|
| Monday | Choice of cereal and water | Cheesy tuna pasta bake | Jelly and fruit | Bagels with cream cheese, pepper and cucumber batons. | Apple and milk |
| Tuesday | Yogurt with banana and water | Spaghetti bolognaise | Fruit | Pate on toast with apple slices. | Melon and water |
| Wednesday | Pancakes and apple slices with a choice of fruit juice. | Fish fingers, wedges, peas and sweetcorn with a tomato sauce. | Apple crumble and custard | Pitta bread with ham slices , hummus and pepper batons. | Banana and milk |
| Thursday | Toast with banana and strawberries with milk | Chicken dinner with potatoes, carrots, peas and gravy. | Fruit fool | Crackers, chicken slices and sliced tomatoes. | Melon and water |
| Friday | Fruit loaf with apple and choice of fruit loaf | Ham, potatoes, peas and parsley sauce. | Apple | Crackers, cheese and cucumber. | Strawberries and milk |

| Week 3 | Breakfast | Lunch | Dessert | Tea | Fruit snack |
|---------------|---|------------------------------|------------------------|---|--------------------|
| Monday | Choice of cereal and water | Vegi sausage, mash and beans | Fruit cocktail | Chicken slices with crackers and sliced apple | Bananas and milk |
| Tuesday | Toast with banana and a choice of fruit juice | Fruity chicken curry | Jam sponge and custard | Pitta pockets with dip, and pepper batons | Apple and milk |
| Wednesday | Yogurt with banana and water | Spaghetti bolognese | Yogurt | Toasted muffin with grated cheese and tomatoes slices | Pear and water |
| Thursday | Crumpets with raspberries and milk | Vegi lasagne | Apple and pear slices | Chicken sandwiches with cucumber slices. | Satsumas and water |
| Friday | Muffins with strawberries and milk | Fish, potatoes and peas. | Fruit | Ham sandwiches and Tomato slices. | Melon and water |

| Week 4 | Breakfast | Lunch | Dessert | Tea | Fruit snack |
|---------------|--|---|----------------------------|--|--------------------|
| Monday | Choice of cereal with water | Sweet and sour chicken with rice | Apple slices | Pitta with cheese and tomato | Apple and milk |
| Tuesday | Crumpets with raspberries and a choice of fruit juice | Fishfingers, mash and beans | Fruit jelly | Ham sandwich with pepper batons | Pear and Milk |
| Wednesday | Choice of cereal with water | Vegetable pasta bake | Fruit | Pate on toast with apple slices | Banana and water |
| Thursday | Brioche with strawberries and milk | Beef and tomato stew with mashed potato | Chocolate cake and custard | Bagels, cream cheese, pepper and cucumber batons | Melon and Milk |
| Friday | Toast with banana and strawberries with a choice of fruit juice. | Vegi Sausage dinner with potatoes, peas, carrot and gravy | Yogurt | Chicken slices, crackers and carrot sticks | Satsumas and water |