

Week 1

	Breakfast	Lunch	Dessert	Tea	Fruit Snack
Monday	Choice of cereal and water	Tuna pasta bake, mixed vegetables	Fruit	Ham sandwiches with cucumber slices	Pear and milk
Tuesday	Toast with banana and milk	Chicken dinner with potatoes, carrots, peas and gravy	Orange jelly with mandarins	Bagels with cream cheese, pepper and cucumber batons	Melon and water
Wednesday	Brioche with strawberries and milk	Mild chicken korma and rice	Pear and apple slices	Pitta bread with dips, carrot and pepper batons	Satsumas and water
Thursday	Fruit loaf with banana and a choice of fruit juice	Cheese and potato pie with baked beans	Banana cake with custard	Open chicken sandwich with cucumber slices	Banana and milk
Friday	Bagels with raspberries and milk	Vegi nuggets, wedges and peas with a tomato sauce	Yoghurt	Tuna rolls with cucumber slices	Apples and water

Week 2

	Breakfast	Lunch	Dessert	Tea	Fruit Snack
Monday	Choice of cereal and water	Cheesy tuna pasta bake	Jelly and fruit	Bagels with cream cheese, pepper and cucumber batons	Apple and milk
Tuesday	Yoghurt with banana and water	Spaghetti bolognese	Fruit	Pate on toast with apple slices	Melon and water
Wednesday	Pancakes and apple slices with a choice of fruit juice	Fish fingers, wedges, peas and sweetcorn with a tomato sauce	Apple crumble and custard	Pitta bread with ham slices and pepper batons	Banana and milk
Thursday	Toast with bananas and strawberries with milk	Chicken dinner with potatoes, carrots, peas and gravy	Fruit fool	Crackers, chicken slices and sliced tomato	Melon and water
Friday	Fruit loaf with apple and choice of fruit juice	Chilli beef with and boiled rice	Apple and cheese slices	Tuna sandwiches with cucumber slices	Strawberries and milk

Please note fruit juice is pure fruit juice and water at a 50:50 dilution

Week 3

	Breakfast	Lunch	Dessert	Tea	Fruit Snack
Monday	Choice of cereal and water	Vegi sausage, mash and beans	Fruit cocktail	Chicken slices with crackers and sliced apple	Bananas and milk
Tuesday	Toast with banana and a choice of fruit juice	Fruity chicken curry	Jam sponge and custard	Pitta pockets with dips and pepper batons	Apple and milk
Wednesday	Yoghurt with banana and water	Chilli beef with boiled rice	Yoghurt	Toasted muffin with grated cheese and tomato slices	Pear and water
Thursday	Crumpets with raspberries and milk	Vegi lasange	Apple and pear slices	Tuna roll with cucumber slices	Satsumas and water
Friday	Muffins with strawberries and milk	Creamy fish pie with vegetables	Fruit	Ham sandwiches and slices	Melon and water

Week 4

	Breakfast	Lunch	Dessert	Tea	Fruit Snack
Monday	Choice of cereal with water	Sweet and sour chicken with rice	Apple slices and cheese	Tuna pitta pockets with cucumber slices	Apple and milk
Tuesday	Crumpets with raspberries and a choice of fruit juice	Fishfinger, mash and beans	Fruit jelly	Ham sandwich with pepper batons	Pear and milk
Wednesday	Choice of cereal with water	Vegetable pasta bake	Fruit	Pate on toast with apple slices	Banana and water
Thursday	Brioche with strawberries and milk	Beef and tomato stew with mashed potato	Chocolate cake and custard	Bagels, cream cheese, pepper and cucumber batons	Melon and milk
Friday	Toast with banana and strawberries with and a choice of fruit juice	Vegi sausage dinner with potatoes, peas, carrots and gravy	Yoghurt	Chicken slices, crackers and carrot sticks	Satsumas and water

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