



City Day Nursery

Winter

Remembrance Day

Teaching our children about the significance of Remembrance Day and why people wear a poppy is not always an easy thing to do.

Just because events happened in the far reaches of our past doesn't mean they aren't worth remembering. You may know the famous quote by George Santayana which reads, "Those who cannot remember the past are condemned to repeat it." Understanding the reasons and consequences of history will hopefully help future generations from making similar problems. Introducing history early in young people's lives is a great way to foster interest as they get older.

For very young children, a great way to open up the conversation is to do some craft activities together. You can talk to them about the First World War and other conflicts, without focusing on the death and fighting. Focus on the importance of Remembrance Day to honour those people who have kept us safe and enabled us to live in the world we live today.

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The children at City Day Nursery made a wreath out of their hand prints and placed it in one of the memorials in the City Centre to remember 100 years.



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Special points of interest

- Christmas Dinner Day—Monday 10th December 2018
- Christmas Party Day and Santa Visit—Friday 14th December 2018
- Nursery Closures—Tuesday 25th December 2018 , Wednesday 26th December 2018 and Tuesday 1st January



The children in the Over 2's section have been finding many different ways to make beautiful paintings! They have been using cotton wool, foil, toys such as trucks and sponges as well as using paint brushes. These paintings are now on display for all to see in our art gallery in the section.



Over 2's Section—How Learning To Paint Benefits Children

Painting allows children to express their creativity and have fun. Developing a skill like painting provides the stimulus children need to be successful in all aspects of life. Let's see how learning to paint can benefit your child!

Children who paint learn to think with an open mind, to look at situations creatively. They learn to express themselves more deeply through their art and their words. They're able to take the lessons learned through painting and apply those skills to new situations. They develop critical-thinking skills and must make decisions about what works and what doesn't on their own.

Fun & More Fun

Splashing paint across a canvas is fun. It's a pastime children can take part in that's both constructive and enjoyable. And when someone sees their artwork, they'll gain immeasurable joy from seeing people's reactions.

Self esteem

By learning to paint, children gain a skill which they can be proud of. It gives them a foundation to look at the world with the confidence they can accomplish a goal. The response they get from others in regard to their work can boost their self-confidence. Because there is no right way in the arts, children who paint can be proud to be unique and to express their artistic style.

Children need to work with other children and adults while they're learning to paint. This interaction will boost their confidence, and also give them social skills to help them in other aspects of life.

Stress relief

Painting provides a sanctuary for children. When they're stressed, they can turn to painting to lose themselves in the brush strokes. The act of creating provides a soothing place for them to turn to, and the feeling of accomplishment from completing a project can help replace negative feelings about other things. It can act as a type of therapy, helping bring out their feelings through painting.

Developmental benefits

Creative activities, like painting, help the brain develop. The right side of the brain is used for emotional and creative responses, while the left side of the brain focuses on analytical processes and logic. Learning to paint benefits children by using both sides of their brain. By stimulating the creative side of the brain, painting helps make the connection between the two sides, which is how we reach our full potential.

Art appreciation

Children who are involved in painting gain a lifelong appreciation of art. By teaching children this skill, you're also opening them up to an entire world of artistic expression. Their intimate involvement with the act of creation gives them a closer connection to pieces of work, such as Van Gogh's *Starry Night*.

Expressing themselves through painting allows children to take part in an activity that is fun and fulfilling. It will help develop a stronger brain, give them critical-thinking skills, make them more creative, and provide a daily refuge they can turn to for stress relief.





Under 2's Section— Benefits of Reading Books

You may wonder about the benefits of reading to your baby. An infant won't understand everything you're doing or why. But reading aloud to your baby is a wonderful shared activity you can continue for years to come, and it's an important form of stimulation.

Reading aloud:

- teaches a baby about communication
- introduces concepts such as numbers, letters, colors, and shapes in a fun way
- builds listening, memory, and vocabulary skills
- gives babies information about the world around them

Believe it or not, by the time babies reach their first birthday they will have learned all the sounds needed to speak their native language. The more stories you read aloud, the more words your child will be exposed to and the better he or she will be able to talk.

Hearing words helps to build a rich network of words in a baby's brain. Children whose parents frequently talk/read to them know more words by age 2 than children who have not been read to. And children who are read to during their early years are more likely to learn to read at the right time.

When you read, your child hears you using many different emotions and expressive sounds, which fosters social and emotional development. Reading also invites your baby to look, point, touch, and answer questions. All of which promote social development and thinking skills. And your baby improves language skills by imitating sounds, recognizing pictures, and learning words.

But perhaps the most important reason to read aloud is that it makes a connection between the things your baby loves the most, your voice and closeness to you and books. Spending time reading to your baby shows that reading is a skill worth learning. And, if infants and children are read to often with joy, excitement, and closeness, they begin to associate books with happiness.

The staff in the under 2's section make reading a daily activity for the children. There is a special reading corner that the children will either sit or lie in while they listen to the magical stories we have to offer. Their favourite story is 'The Very Hungry Caterpillar'!



The best books to buy for babies and toddlers

1. The Very Hungry Caterpillar
2. The First Gruffalo Little Library
3. Squeaky Baby Bath Book
Baby Animals—Baby Touch and Feel
4. Faces: Baby Touch First Focus
5. Baby's Very First Noisy Nursery Rhymes
6. Dear Zoo
7. That's not my Kitten
8. Hello You
9. Baby Touch and Feel Animals
10. Peter Rabbit Finger Puppet Book
11. Each Peach Pear Plum
12. Peepo!
13. Maisy's Nus
14. The Baby's Catalogue
15. That's Not My Dinosaur
16. Where's Spot?
17. Is It bedtime Wiggly Pig?
18. Peek-A-Boo
19. The Gruffalo
20. Guess How Much I Love You

All books can be found on Amazon!

Why Are Parents Evenings Important?

Parents' evenings are important because they give you an opportunity to discuss what your child is doing at nursery and how they are getting on. You can also cover any issues you may want to talk about with your child's teacher. So, going to parents' evenings can help you to become better involved in your child's learning. It helps you to give your child good, practical support and to make choices. When nurseries and parents work together, children do better.



Parents Evening

At City Day Nursery we hold 2 parents evenings a year. One in April and one in October. This allows parents to talk to their child's keyworker. Finding out their child's interests and where they are in their development. It also gives parents a chance to see what activities are available daily to the children along with directions on how they are planned out with the resources if parents are interested in carrying them out at home.



Each parents evening has activities based on a topic that is being followed in the nursery at the time and the most recent parents evening was following the topic Autumn.

Celebrating Birthdays

Here at City Day Nursery we understand that every child's birthday is special and one to celebrate! You are more than welcome to bring in a birthday cake for this special occasion and we will be happy to sing happy birthday and take pictures for you. All we ask is that the cake is provided in the box with the ingredients printed.





Under 2's Christmas Crafts

HANDPRINT ORNAMENT SUPPLIES:

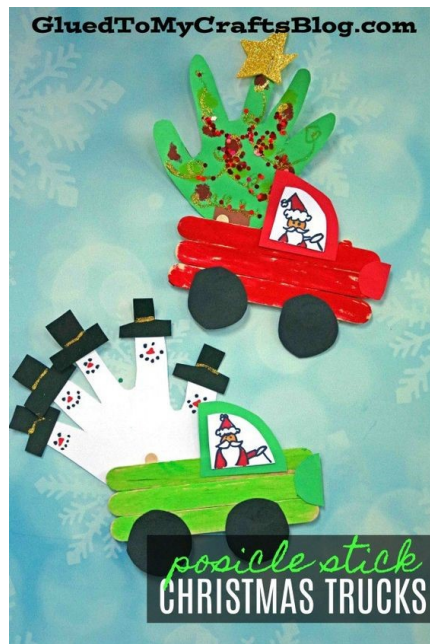
- ◇ Ornament (color of your choice, but the larger the better, and possible purchase the UNBREAKABLE/shatterproof variety, just in case)
- ◇ Acrylic craft paints
- ◇ Craft paintbrushes, multiple sizes
- ◇ Pipe cleaners
- ◇ Ribbon scraps
- ◇ Googly eyes
- ◇ Glitter
- ◇ Hot glue
- ◇ Sharpie pen(s)

****Note: MOST of these items are fun little extras, and certainly not required. The only essentials for a handprint ornament are an ornament, some paint, and a handprint!**

Over 2's Christmas Crafts

Popsicle Stick Christmas Trucks Craft Supplies:

- * Jumbo Popsicle Sticks – 3 per truck
 - * Mini Popsicle Sticks – 2 per truck
 - * Paper Plate
 - * Craft Paint {red or green}
 - * Paint Brushes
 - * Colored Cardstock {black, white, red, green}
 - * Scissors
 - * School Glue
 - * Sharpie Markers
- Optional – glitter, rhinestones, holiday stickers etc.



Staff News

- * Ecco will be leaving us to go on maternity on the 7th December 2018. We are very much looking forward to meeting your little in the new year! Best of luck!
- * Laura will be covering Eckos maternity, starting from the WC 10th December and I am sure you will join us in making her feel welcome.
- * We have Typhanie and Madison are also starting with us and will be covering both sections.

Dates for your diary

16th Nov—20th Dec—Christmas Market

3rd December—Tree Dressing Day

6th December—Wear Brown Shoes Day

13th December—Hanukkah

10th December—Christmas Dinner Day

14th December—Christmas Jumper Day

And Santa Nursery Visit

25th December—Nursery Closed

26th December—Nursery Closed

1st January—Nursery Closed

18th January—Winnie the Pooh Day

19th January—National Popcorn Day

24th January—Compliment Day

25th January—Welsh Valentine's Day

5th February—Chinese New Year

14th February—Valentines Day

1st March—St David's Day

2nd March—Spring Clean Day

8th March—International Women's Day

31st March—Mothers Day

Merry Christmas
And A Happy New Year
From All Of Us At
City Day Nursery

