![C:\Users\Amanda\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\V7IU1R0N\1-1232202763DIeJ[1].jpg]()Autumn / Winter Menu Week 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Crumpets and banana | Choice of cereal | Toasted fruit loaf, milk | Choice of cereal |
| Lunch | Chicken and vegetable curry with rice and Naan bread | Cheesy potato pie and baked beans | Chicken and sweetcorn pasta bake with peas | tomato Soup with crusty bread | 100% cod fish fingers, mashed potato with sweetcorn and peas |
| Dessert | Bananas and custard | Apple & pear slices | Fruit crumble & Ice-cream | Chocolate orange sponge with custard | Bread and butter pudding |
| Babies - weaning | Baby rice & carrot | Sweet potato & apple | Potato & mixed veg | Parsnip & swede | Potatoes, peas & broccoli |
| Tea | Toasted tea cakes and pineapple slices | Ham sandwiches with sweetcorn on the side | Yoghurt and paprika dip with bread sticks and cucumber slices | Cheese sandwiches with melon slices | Homemade pizza, apple slices |
| Babies - weaning | Fromage frais,  | Pureed banana | Mixed fruit puree | Peaches | Apple and pear puree |
| Late snack | Rice cakes | Banana | Cracker bites | Pear | Rice cakes |



 Autumn/Winter Menu Week 2

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| --- | --- | --- | --- | --- | --- |
|    | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
| Breakfast  | Choice of cereal  | Toast and banana  | Choice of cereal  | Crumpets and banana  | Brioche, milk  |
| Lunch  | Cheesy tuna and sweetcorn pasta bake  | Vegetarian casserole with rice  | Sausage Dinner, new potatoes and veg  | Homemade chicken goujons with creamy mash and beans  | Pasta bolognaise with garlic bread on the side  |
| Dessert  | Melon smiles  | Poached pears and custard | Bananas and custard  | Pineapple sponge   | Apples and pears  |
| Babies - weaning  | Sweet potato & parsnip   | Potato & broccoli  | Baby rice & carrot  | Peas & cauliflower  | Potato, sweetcorn, and peas  |
| Tea  | Baked beans on toast   | Cheese on toast with cucumber sticks  | Cheesy tuna and mayo wraps with pepper sticks  | Crackers, cheese and apples slices | Chicken sandwiches and pineapple slices    |
| Babies - weaning  | Pear & peach puree  | Pureed apple & custard  | Fromage frais  | Apple & pear puree  | Pureed banana  |
| Late snack  | Banana  | Cracker bites  | Apples  | Rice cakes  | Banana  |