![C:\Users\Amanda\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\V7IU1R0N\1-1232202763DIeJ[1].jpg]()Autumn / Winter Menu Week 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Crumpets and banana, milk | Toasted bagel and cream cheese, milk | Toasted fruit loaf, milk | Choice of cereal |
| Lunch | Chicken curry with rice and poppadum's | Cheesy potato pie and baked beans | Lasagne with mixed vegetables | Leek and Potato Soup with crusty bread | 100% cod fish fingers, mashed potato with sweetcorn and peas |
| Dessert | Mandarins in juice with vanilla ice-cream | Apple & pear slices | Mixed fruit salad | Chocolate orange sponge with custard | Fruit crumble & Cream |
| Babies - weaning | Baby rice & carrot | Sweet potato & apple | Potato & mixed veg | Parsnip & swede | Potatoes, peas & broccoli |
| Tea | Ham, salad pitta pockets | Chicken sandwiches with Carrot Batons | Yoghurt and mint dip with pitta fingers and cucumber slices | Cheese sandwiches with tomato slices | Crackers, apple slices and cheese |
| Babies - weaning | Fromage frais,  | Pureed banana | Mixed fruit puree | Fromage frais | Apple and pear puree |
| Late Snack  | Rice Cakes  | oranges | bananas | pears | Buttered Crackers |

![C:\Users\Amanda\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\V7IU1R0N\1-1232202763DIeJ[1].jpg]()Autumn / Winter Menu Week 2

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Mixed fruit and yoghurt | Toast and banana, milk | Brioche and Milk | Choice of cereal |
| Lunch | Cheesy tuna and sweetcorn pasta | Vegetarian cottage pie with broccoli | Sausage Dinner, roasties and veg | Pasta Bolognaise | Homemade chicken goujons with creamy mash and beans |
| Dessert | Melon smiles | Banana’s & custard | Fruit jelly | Red Berry Mousse  | Pineapple upside down cake and custard |
| Babies - weaning | Sweet potato & parsnip  | Potato & broccoli | Baby rice & carrot | Potato & swede mash  | Mixed Vegetables |
| Tea | Baked beans on toast | Rice cakes, salmon pate and cucumber | Egg and cress rolls with pepper batons | Ham sandwiches and yoghurt  | Apple and pear slices, crackers and cheese |
| Babies - weaning | Pear & peach puree | Pureed apple & custard | Fromage frais | Pureed Banana | Apple & pear puree |
| Late Tea  | Oranges | Pears | Buttered Crackers  | Bananas | Rice Cakes |