Autumn / Winter Menu Week 1

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Crumpets and banana, milk | Choice of cereal | Toasted bagel and cream cheese, milk | Toasted fruit loaf, milk |
| Lunch | Chicken curry with rice and poppadum's | Cheesy potato pie and baked beans | Leek and Potato Soup with crusty bread | Lasagne with salad or vegetables | 100% cod fish fingers, mashed potato with sweetcorn and peas |
| Dessert | Mandarins in juice with vanilla ice-cream | Apple & pear slices | Chocolate orange sponge | Mixed fruit salad | Fruit crumble with custard |
| Babies - weaning | Baby rice & carrot | Sweet potato & apple | Parsnip & swede | Potato & mixed veg | Potatoes, peas & broccoli |
| Tea | Ham, salad wraps pockets | Chicken sandwiches with water melon | Cheese sandwiches with tomato slices | Yoghurt and mint dip with pitta fingers and cucumber slices | Crackers, apple slices and cheese |
| Babies - weaning | Fromage frais, | Pureed banana | Fromage frais | Mixed fruit puree | Apple and pear puree |
| Late tea | Melon | Yoghurt & fruit | Banana | Bread sticks & tomatoes and Mayo | Brioche |

Autumn / Winter Menu Week 2

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Crumpets and banana, milk | Mixed fruit and yoghurt | Brioche, milk | Choice of cereal |
| Lunch | Tomato tuna and sweetcorn pasta | Sausage Dinner, roasties and veg | Vegetarian cottage pie with broccoli | Pasta bolognaise | Home made chicken goujons with creamy mash and beans |
| Dessert | Melon smiles | Fruit jelly | Banana’s & custard | Red berry mousse | Pineapple upside down cake and custard |
| Babies - weaning | Sweet potato & parsnip | Baby rice & carrot | Potato & broccoli | Potato & wedges | Peas & cauliflower |
| Tea | Baked beans on toast | Egg and cress rolls with pepper batons | Rice cakes, salmon pate and cucumber | Ham sandwiches with yoghurt and fruit | Apple and pear slices, crackers and cheese |
| Babies - weaning | Pear & peach puree | Fromage frais | Pureed apple & custard | Pureed banana | Apple & pear puree |
| Late tea | Rice cakes | Toast | Crackers | Cereal | Fruit loaf |