



## Autumn / Winter Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereal	Crumpets and banana, milk	Toasted bagel and cream cheese, milk	Toasted fruit loaf, milk	Choice of cereal
Lunch	Chicken curry with rice and poppadum's	Cheesy potato pie and baked beans	Lasagne with salad or vegetables	Leek and Potato Soup with crusty bread	100% cod fish fingers, mashed potato with sweetcorn and peas
Dessert	Mandarins in juice with vanilla ice-cream	Apple & pear slices	Mixed fruit salad	Chocolate orange sponge with custard	Fruit crumble & evaporated milk
Babies - weaning	Baby rice & carrot	Sweet potato & apple	Potato & mixed veg	Parsnip & swede	Potatoes, peas & broccoli
Tea	Ham, salad pitta pockets	Chicken sandwiches with sweetcorn	Yoghurt and mint dip with pitta fingers and cucumber slices	Cheese sandwiches with tomato slices	Crackers, apple slices and cheese
Babies - weaning	Fromage frais,	Pureed banana	Mixed fruit puree	Fromage frais	Apple and pear puree
Snack	Yoghurt	Breadsticks and cucumber	Banana	Apple	Melon



## Autumn / Winter Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of cereal	Mixed fruit and yoghurt	Toast and banana, milk	Choice of cereal	Brioche, milk
Lunch	Cheesy tuna pasta with sweetcorn	Corn beef pie with broccoli	Sausage Dinner, roasties and veg	Home made chicken goujons with creamy mash and beans	Meatball and pasta bake
Dessert	Melon smiles	Banana's & custard	Fruit jelly	Lemon sponge cake and custard	Red berry mousse
Babies - weaning	Sweet potato & parsnip	Potato & broccoli	Baby rice & carrot	Peas & cauliflower	Potato & wedges
Tea	Baked beans on toast	Rice cakes, salmon pate and cucumber	rolls with pepper batons and boiled egg slices	Apple and pear slices, crackers and cheese	Ham sandwiches with yoghurt and fruit
Babies - weaning	Pear & peach puree	Pureed apple & custard	Fromage frais	Apple & pear puree	Pureed banana
Snack	Blueberries and banana	Oranges	Breadsticks and cucumber	Pear	Apple