Autumn / Winter Menu Week 1

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Yogurt with mixed fruit | Toasted bagel and cream cheese, milk | Toasted fruit loaf, milk | Choice of cereal |
| Lunch | Chicken curry with rice and poppadum's | Cheesy potato pie and baked beans | Lasagne with salad or vegetables | Leek and Potato Soup with crusty bread | 100% cod fish fingers, mashed potato with sweetcorn and peas |
| Dessert | Stewed apples with custard | Apple & pear slices | Mixed fruit salad | Chocolate orange sponge | Fruit crumble & Ice cream |
| Babies - weaning | Baby rice & carrot | Sweet potato & apple | Potato & mixed veg | Parsnip & swede | Potatoes, peas & broccoli |
| Tea | Boiled egg on toast | Chicken sandwiches with grapes | Yoghurt and mint dip with bread sticks and cucumber slices | Cheese sandwiches with tomato slices | Sausage in a roll  (hotdog) |
| Babies - weaning | Fromage frais, | Pureed banana | Mixed fruit puree | Fromage frais | Apple and pear puree |

Autumn / Winter Menu Week 2

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Choice of cereal | Crumpets | Toast and banana, milk | Choice of cereal | Brioche, milk |
| Lunch | Cheesy tuna and sweetcorn pasta | Vegetarian cottage pie with broccoli | Sausage Dinner, roasties and veg | Home made chicken goujons with creamy mash and beans | Pasta bolognaise |
| Dessert | Melon smiles | Banana’s & custard | Fruit jelly | Pineapple upside down cake and custard | Red berry mousse |
| Babies - weaning | Sweet potato & parsnip | Potato & broccoli | Baby rice & carrot | Peas & cauliflower | Potato & wedges |
| Tea | Baked beans on toast | Cheese on toast with fruit | Egg and cress rolls with pepper batons | Apple and pear slices, crackers and cheese | Ham sandwiches with yoghurt and fruit |
| Babies - weaning | Pear & peach puree | Pureed apple & custard | Fromage frais | Apple & pear puree | Pureed banana |