# City Day Nursery

 **Autumn/ winter Menu 2020**

**Week 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early Bird breakfast on request** | **Breakfast****9.00 am**Choice of milk/water  | **Lunch****11.30am** | **Dessert****11.30am** | **Afternoon Snack****3pm** |
| Monday |   Porridge  | Tuna pasta bake  | Mango smiles  | Baked beans On toast |
| Tuesday | Cereal  | Vegetarian cottage pie  | Bananas & custard  | Chicken sandwichesWith sweetcorn  |
| Wednesday | Crumpets  | Cheese pie & baked beans  | Mixed fruit  | Tuna & salad Pitta pockets  |
| Thursday | Cereal  | Quorn Chicken curry Served with rice & poppadum’s | Swiss roll  | Cheesy sandwiches & apple slices  |
| Friday | Brioche  | Fish pie With mixed vegetables  | Yogurt & fruit  | Crackers with cheese and cucumber  |

 Late Snack Given 5.30pm

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**Week 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early bird breakfast on request** | **Breakfast****9.30am** | **Lunch****11.30am** | **Dessert****11.30am** | **Afternoon Snack****3pm** |
| Monday | Cereal | Pasta bolognaise  | Apples and pears  | Rice cakes with salmon pate & cucumber |
| Tuesday | Porridge | Chicken goujons with mash potato & baked beans  | Fruit sponge with custard  | Egg & cress rolls With sliced peppers |
| Wednesday | Bagels | Sausage casserole with roast potatoes  | Banana & yogurt  | Crackers, cheese & apple and pear slices  |
| Thursday | Toast & banana  | Fish fingers, mash potato served with peas & parsley sauce | Fruit crumble & evaporated milk  | Pitta fingers, yogurt and mint dip & vegetable batons  |
| Friday | Cereal  | Chilli with rice  | Mousse  | Chicken sandwiches With cucumber  |

 Late Snack Given At 5.30pm