# City Day Nursery

**Autumn/ winter Menu 2020**

**Week 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early Bird breakfast on request** | **Breakfast**  **9.00 am**  Choice of milk/water | **Lunch**  **11.30am** | **Dessert**  **11.30am** | **Afternoon Snack**  **3pm** |
| Monday | | Porridge | Tuna pasta bake | Mango smiles | Baked beans  On toast |
| Tuesday | | Cereal | Vegetarian cottage pie | Bananas & custard | Chicken sandwiches  With sweetcorn |
| Wednesday | | Crumpets | Cheese pie  & baked beans | Mixed fruit | Tuna & salad  Pitta pockets |
| Thursday | | Cereal | Quorn  Chicken curry  Served with rice &  poppadum’s | Swiss roll | Cheesy sandwiches  & apple slices |
| Friday | | Brioche | Fish pie  With mixed vegetables | Yogurt & fruit | Crackers with cheese and cucumber |

Late Snack Given 5.30pm

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**Autumn /winter Menu 2020**

**Week 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early bird breakfast on request** | **Breakfast**  **9.30am** | **Lunch**  **11.30am** | **Dessert**  **11.30am** | **Afternoon Snack**  **3pm** |
| Monday | | Cereal | Pasta bolognaise | Apples and pears | Rice cakes with salmon pate  & cucumber |
| Tuesday | | Porridge | Chicken goujons with mash potato & baked beans | Fruit sponge with custard | Egg & cress rolls  With sliced peppers |
| Wednesday | | Bagels | Sausage casserole with roast potatoes | Banana & yogurt | Crackers, cheese & apple and pear slices |
| Thursday | | Toast & banana | Fish fingers, mash potato served with peas & parsley sauce | Fruit crumble  & evaporated milk | Pitta fingers, yogurt and mint dip & vegetable batons |
| Friday | | Cereal | Chilli with rice | Mousse | Chicken sandwiches  With cucumber |

Late Snack Given At 5.30pm