

City Day Nursery

Spring/Summer Menu 2019

Week 1

Day	Early Bird breakfast on request	Breakfast 9.30 am	Lunch 11.30am	Dessert 11.30am	Afternoon Snack 3pm
Monday		Cereal + Water	Creamy Tuna + sweetcorn pasta bake	Mango smiles	Rice cakes vegetable batons and hummus
Tuesday		Crumpet and banana	Chicken Dinner	Ice-cream + fruit	Salmon pate on bagels with cucumber batons
Wednesday		Choice of cereal	Quorn chicken and rice with a Sweet + Sour Sauce	Fruit jelly	Chicken sandwiches with sweetcorn side
Thursday		Fruit loaf and milk	Soup of the day with crusty bread	Swiss role and custard	Cream cheese and cucumber wraps with baby tomatoes
Friday		Brioche + Milk	Fish Pie with Veg	Yoghurt	Breadsticks cheese cubes and salsa dip

Late Snack Given 5.30pm

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Week 2

Day	Early bird breakfast on request	Breakfast 9.30am	Lunch 11.30am	Dessert 11.30am	Afternoon Snack 3pm
Monday		Greek Yoghurt and mixed berries and Water	Coronation chicken and couscous	Apples and pears	Pitta fingers, vegetable batons and Tzatziki
Tuesday		Cereal and water	Quorn Chilli with rice	yoghurt + banana	Chicken + mayo wraps with sweetcorn
Wednesday		Bagels and Milk	Cheese and onion pie with baked beans	Fruit cocktail	Quorn sausages and finger rolls with baby tomatoes
Thursday		Cereal and water	Fish Fingers, Wedges and beans	Lemon cake	Ploughman's cheese crackers and pickles
Friday		Brioche and milk	Quorn pasta bolognaise	Fruit jelly	Cheesy sandwiches and peppers

Late Snack Given At 5.30pm