



Together we enjoy learning, encourage confidence and love life

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
7-8am – Early breakfast/breakfast club	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water
Cereal Choice:	Crisped Rice Cereal, Malted Wheats, Corn Flakes, Multigrain Hoops, Weetabix.				
9am – Breakfast & snack	Wholemeal Toast and apple Milk and water	Malted wheats with milk Melon Smiles Milk and water	Crumpet and orange smiles Milk and water	Crisped rice with milk Sliced pear. Milk and Water	Fruit Loaf and banana Milk and water
11:30am - Lunch	Mediterranean Pork and tomato meatballs and pasta twirls	Mixed fish and vegetable paella with garlic bread	Carrot and coriander soup with freshly baked bread	Spinach, sausage, and tomato pasta bake	Chicken and chorizo jambalaya.
Vegetarian	Mediterranean quorn and tomato Meatballs and pasta twirls	Vegetable Paella with garlic bread		Spinach, Quorn sausage and tomato bake	Vegetable Jambalaya.
Dessert	Tropical fruit salad	Plain Greek yogurt with strawberry coulis	Mandarin jelly	Melon medley	Pineapple upside down cake and custard
3pm Tea	Cheesy Tuna wraps with cucumber sticks.	Wholemeal chicken sandwich with salad and tomato dip	Ham and Cheese Roll ups with a tomato and basil dip and pepper sticks.	Jacket potato with cheese and beans	Ploughman's Tea – Crackers, cheese, pickle and apple slices
5:30pm Late Snack	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake



Together we enjoy learning, encourage confidence and love life

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
7-8am – Early breakfast/breakfast club	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water
Cereal Choice:	Crisped rice cereal, Malted Wheats, Corn Flakes, Multigrain Hoops, Weetabix.				
9am – Breakfast & snack	Crisped rice with milk and sliced pear. Milk and Water	Breakfast Bagels with butter Milk and water	Malted wheats with milk Milk and water	Crumpets and orange smiles. Milk and water	Multigrain hoops and pear slices Milk and water
11:30am - Lunch	Chicken casserole with peppers, sweet peas and crusty bread	Fish fingers, new potatoes and sweetcorn	Chicken dinner with seasonal veg and vegetable gravy	Vegetable and lentil bolognaise with pasta and garlic bread	Vegetable fingers, homemade sweet potato and potato wedges and beans
Vegetarian	Quorn chicken casserole with peppers, sweet peas and crusty bread		Quorn chicken dinner with seasonal veg and vegetable gravy		
Dessert	Berry crumble and cream	Strawberries and natural yogurt	Berry medley	Jam sponge cake	Pear and Greek yogurt
3pm - Tea	Beans on toast with tomato wedges	Cheesy pitta fingers with cucumber batons and red pepper hummus	Potato wedges homemade tomato and herb dip	Cheese & ham twists with sweetcorn	Chicken sandwiches with tomato slices
5:30pm Late Snack	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake



Together we enjoy learning, encourage confidence and love life

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
7-8am – Early breakfast/breakfast club	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water	A choice of cereal with milk. Water
Cereal Choice:	Crisped rice cereal, malted wheats, corn flakes, multigrain hoops, Weetabix				
9am – Breakfast & snack	Brioche, pear slices Milk and water	Malted wheats with milk, apple slices Milk and water	Croissants and banana Milk and water	Corn flakes with milk, melon slices Milk and water	Bagels, orange smiles Milk and water
11am - Lunch	BBQ chicken, sweet potato mash and sweetcorn	Chicken curry, rice and naan bread	Salmon & broccoli cheesy pasta	Homemade breaded chicken strips, wedges and peas	Vegetable and bean chilli with rice, tortillas and sour cream dip
Vegetarian	BBQ quorn, sweet potato mash and sweetcorn	Quorn chicken curry, rice and naan bread		Homemade breaded tofu strips, wedges and peas	
Dessert	Peach yogurt	Strawberry fruity jelly	Strawberry mousse	Smashed banana and custard	Blueberry muffins
3pm - Tea	Cheesy wraps with cucumber batons	Cheese and tomato topped muffins with cucumber and carrot	Bara Brith with melon slices	Tuna and sweetcorn sandwiches with cucumber batons	Creamy tomato soup with baked bread
5:30 – Late Snack	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake	Piece of fruit or rice cake



Together we enjoy learning, encourage confidence and love life