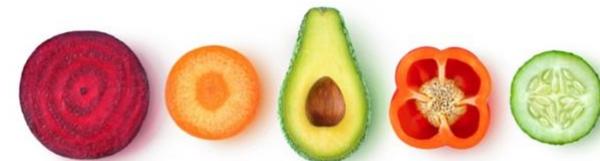




Teilo's Tots Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of Cereal	Weetabix & berries	Choice of cereal	Wholemeal Toast & Banana	Croissant & pear slices
Lunch	Homemade chilli & rice with tortilla chips Watermelon Wedges	Sausage & mini roasties with seasonal veg & onion gravy Maderia cake & Custard	Spring Vegetable soup with crusty bread & butter Orange slices	Homemade chicken goujons with mash & peas Yogurt & Berry Coulis	Cod new potatoes & vegetables with parsley sauce Fresh Fruit Salad
Snack	Apple & pear slices	Bread stick with homemade tzatziki	Fresh fruit	Melon smiles	Carrots & cucumber stick with hummus
Tea	Crustless cheese quiche with cherry tomatoes	Boiled eggs & soldiers	Pitta Pizza with vegetable sticks	Rice cakes cream cheese & cucumber sticks	Cream crackers sliced ham & pineapple chunks





Teilo's Tots Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Wholemeal toast & fruit	Choice of Cereal	Weetabix with banana	Boiled eggs and soldier	Breakfast Muffins with Fruit
Lunch	Fish fingers, potato wedges & sweetcorn Yogurt & fruit	Chicken & leek pie topped with sliced potato served with peas and carrots Strawberry Jelly	Creamy ham & pea pasta Fresh Fruit Salad	Spring Green Vegetable Jambalaya Homemade strawberry mousse	Cottage Pie with seasonal veg Honeydew melon smiles
Snack	Cucumber and carrot stick with hummus dip	Fresh fruit	Watermelon wedges	Breads sticks with homemade tzatziki dip	Apple and price slices
Tea	Tomato & Cheese pin wheels with peppers sticks	Homemade banana bread with apple slices	Crackers with cheese and pickle served with apples	Tuna Pitta fingers with veg sticks	Picnic tea

