

Singleton Day Nursery

Spring Newsletter 2026

Nursery News

As the days grow longer and flowers begin to bloom, we are excited to welcome the fresh energy of spring here at the nursery. The children have been enjoying a range of new activities in their rooms as well as spending more time exploring and playing in the garden.

There is so much to celebrate as the children continue to build new friendships, reach important milestones, and discover the world around them through play. We are delighted to be part of their learning journey and look forward to sharing these special moments with you.

Dates for your Diary

- April 3rd - Good Friday
(Nursery will close at 5pm)
- April 5th - Easter Sunday
- April 6th - Easter Monday
(Nursery closed)
- May 4th – Early May Bank Holiday
- May 25th – Spring Bank Holiday
- June 21st – Father’s Day

Parents Evening

Parents’ Evening will be held on
20/4/2026

This will give parents and families the opportunity to speak with their child’s key worker, ask any questions they may have, and receive information about their child’s developmental progress. You will also be able to learn more about the activities your child takes part in while at nursery.

We hope you will be able to join us for this event, and we look forward to seeing you.

Easter activities through the Easter Holidays nearby:

April 2nd – 4th – Peter Pan at Swansea Grand Theatre
28–30 March, 9–11 April & 26–28 May 2026 - Holiday Make and Take at the National Waterfront Museum 12.30pm - 3.30pm – Free event
3 April Waterfront Easter funday at the National Waterfront Museum 12 - 3.30pm – free event



🐰 Easter Bonnet Competition 🐰

We will be having an Easter Bonnet Competition here at nursery on 02/04/2026. We look forward to seeing the children's creations.



🐰 Easter Holidays - Kids Eat Free

Here are all the restaurants and cafes which are offering 'Kids Eat Free' (or for £1) during every UK school holiday in 2026.

Asda Cafés – Kids eat for **£1 all day**.

Morrisons Cafés – Kids eat free with an adult meal over £5.

Tesco Cafés – Kids eat free during school holidays with a café purchase.

ASK Italian Kids eat for **£1** during school holidays when an adult main is purchased.

The Waterfront Beefeater – 2 kids eat free breakfast with one paying adult.

Harvester – Kids eat for **£1** with an adult main (often Monday–Friday offers).

Hungry Horse – Kids eat for **£1** with a paying adult meal during selected promotions.

Sizzling Pubs – Kids eat for **£1** with an adult meal.

Pausa Cafés (Dunelm) – Kids eat free when an adult spends £4.

Pizza Hut – Kids eat for **£1** during school holidays.

Brewers Fayre – Kids eat free breakfast with a paying adult.

🐰 Healthy Easter Biscuits (3–4 ingredients)

Ingredients

- 2 ripe bananas
- 1 cup oats
- 1 tbsp honey (optional)
- 1 tsp cinnamon or a few raisins (optional)

Method

1. Preheat the oven to **180°C**.
2. Mash the **bananas** in a bowl until smooth.
3. Stir in the **oats** and mix well.
4. Add honey, cinnamon, or raisins if you like.
5. Spoon small amounts onto a baking tray and flatten slightly to make biscuit shapes.
6. Bake for **12–15 minutes** until golden.
7. Leave to cool before eating.

Optional Easter Fun, children can:

- Shape the biscuits into little nests or egg shapes
- Add a few raisins to look like mini eggs

These biscuits are naturally sweet from the banana and contain **no added sugar or butter**, making them a healthier snack for children.

Physical Play

Importance of Physical Play

Physical play is important for children as it helps them grow and develop in healthy ways. Physical play supports their physical health, learning, social skills, and emotions.

1. Physical Health and Fitness

Physical play helps children build strong muscles and bones, improve coordination, and stay at a healthy weight. Activities such as running, jumping, and climbing help improve strength, balance, and flexibility. It also lowers the risk of Childhood Obesity.

2. Brain Development and Learning

Active play helps the brain develop. Moving and playing can improve concentration, memory, and problem-solving skills, which can help children do better in school.

3. Social Skills

When children play with others, they learn to share, take turns, communicate, and work together. This helps them make friends and understand social rules.

4. Emotional Well-Being

Physical play helps children release energy, reduce stress, and feel happier. It can also increase their confidence and self-esteem.

5. Creativity and Imagination

Free play, like pretending or exploring outdoors, helps children use their imagination and creativity.

6. Healthy Habits for Life

Children who enjoy physical play are more likely to stay active as they grow up, which helps prevent diseases such as heart disease and Type 2 Diabetes.

Summary:

Physical play helps children stay healthy, learn new skills, build friendships, and feel confident.

The Cwtch

Here at the nursery, we have recently had new soft play equipment installed in the cwtch. This has been a big hit with the children, and each section enjoys going to play there. The soft play is a big advantage for the children, especially on rainy days when it is too wet to go outside. It allows the children to still take part in physical play by climbing up the play frame, sliding down the slide, and building towers with the soft play blocks.



🌸 We strongly encourage outdoor play here at the nursery. Our garden offers a wonderful space for children to move freely, explore, and learn through play in the fresh air. Engaging in physical activities outdoors helps children develop their strength, balance, and coordination while keeping them active. It also supports their confidence, social skills, and teamwork as they play, explore, and interact with their friends.

🌸 Under 2 Section

Our children in the under 2's section have been enjoying spending time in the garden and making the most of the sunshine. The tweenies especially love riding the scuttle bug bikes and being active outdoors. We always try to take advantage of the sunny days by providing plenty of fun activities for the children to enjoy in the garden.



🌸 Toddler Section

The children in the toddler section have also been making the most of the sunny weather by spending lots of time outdoors and taking part in a variety of physical activities in the garden. They especially enjoy climbing the peek-a-boo tower, crawling through the tunnel, and exploring the obstacle course. These activities help the children to build their confidence, develop their balance and coordination, and encourage them to be active while having fun with their friends.



🌸 Preschool Section

The children in our preschool section love exploring the new climbing frame, climbing up the stairs, crossing the tower, and sliding down the slide. These activities help build their strength, balance, and coordination. They also enjoy riding the balance bikes in the garden, which supports their gross motor skills, spatial awareness, confidence, and independence. Through these active play experiences, the children are developing important physical skills while having fun outdoors.

