

Teilo's Tots CIC Newsletter

December 2025



 **Teilo's Tots**
a community nursery

Happy holidays from our family to yours!

As we head into the festive season, we have lots of exciting updates, reminders and activities to share with you. Thank you for your continued support,

we're looking forward to ending the year with plenty of joy and creativity.

We will be welcoming a very special visitor to Teilo's Tots this December... **The Kindness Elf!**

Throughout the month, our little elf friend will be popping up around the nursery,



encouraging the children to share smiles, help one another, and spread kindness in lots of small but meaningful ways. Each day, the Kindness Elf will leave gentle challenges or thoughtful surprises for the children to discover — from helping a friend tidy up to making someone feel special with a kind word. It's a lovely way to celebrate the festive season and nurture positive values.

Keep an eye on Family, where we'll be sharing photos and updates of all the wonderful things the Kindness Elf gets up to during their stay with us.

Christmas Opening Times

- Christmas Eve 7.30-4pm
- Christmas Day and Boxing Day – CLOSED
- 29th & 30th December – 7.30-6pm
- New Years Eve – 7.30-4pm
- New Years Day – CLOSED
- 2nd January – opening times may vary due to parent needs

Nursery Uniform Reminder

Nursery uniform request forms were sent out recently. If you would like to order uniform for your child, **please return your form as soon as possible** so we can process orders before the new year.

If you need another copy, just let us know.



What we are learning this month....

This month we're exploring winter, festive celebrations, and kindness. Children will be taking part in activities such as:

- Winter sensory trays
- Christmas story time
- Learning new festive songs
- Practising sharing and turn-taking
- Exploring shapes and colours through craft



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Flying Start Update Now Available to ALL Families in Swansea

We are delighted to let you know that the Flying Start offer is now available to all families across the Swansea area.

This includes up to 12.5 hours per week of funded childcare for children aged 2.

If you would like more information or support with accessing your hours, please speak to a member of the team.



Christmas Bauble

This year, we would love to make our nursery Christmas tree extra special. We invite each child to bring in a Christmas bauble that is personal to them. It can be homemade, something they love, or simply a decoration that feels special to your family.



Winter Clothing Reminder

As the weather gets colder, please make sure your child comes to nursery with:

- A warm coat
- Hat and gloves
- Wellies if it's wet

We go outside in all weathers, so having the right clothing helps children stay comfortable and enjoy their play.

Warm Apple & Cinnamon Oat Cups

These soft, lightly sweet oat cups are perfect for breakfast, snacks, or lunchboxes. They're naturally sweetened, full of fibre, and easy for little hands to help make.

Ingredients

- 2 cups rolled oats
- 1 cup milk (dairy or non-dairy)
- 1 egg (or 1 mashed banana as an egg-free option)
- 1 apple, grated
- 1 teaspoon cinnamon
- 1 tablespoon honey or maple syrup (optional, avoid honey for under-1s)
- A handful of raisins or chopped dried fruit (optional)

Instructions

1. Preheat your oven to **180°C** and line a muffin tray with cases.
2. In a bowl, mix the oats, cinnamon, and raisins.
3. Add the milk, egg (or mashed banana), grated apple, and honey/maple syrup.
4. Stir everything together until the mixture is thick and well combined.
5. Spoon into muffin cases and gently press down with the back of a spoon.
6. Bake for **20–25 minutes** until firm and lightly golden.
7. Allow to cool slightly before enjoying.

