

City Day Nursery

Spring/Summer Menu 2018

Week 1

Day	Early Bird breakfast on request	Breakfast 9.30 am	Lunch 11.30am	Dessert 11.30am	Afternoon Snack 3pm
Monday		Cereal + Water	Creamy Tuna + sweetcorn pasta bake	Mango smiles	Rice cakes vegetable batons and hummus
Tuesday		Crumpet and banana	Chicken Dinner	Ice-cream + fruit	Salmon pate on bagels with cucumber batons
Wednesday		Choice of cereal	Fishfingers, wedges and baked beans	Fruit jelly	Chicken sandwiches with sweetcorn side
Thursday		Fruit loaf and milk	Soup of the day with crusty bread	Yogurt	Cream cheese and cucumber wraps with baby tomatoes
Friday		Cereal and water	Mixed vegetables and Quorn chicken rice	Swiss role and custard	Breadsticks cheese cubes and salsa dip

Snack Given at 5pm

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Week 2

Day	Early bird breakfast on request	Breakfast 9.30am	Lunch 11.30am	Dessert 11.30am	Afternoon Snack 3pm
Monday		Greek Yoghurt and mixed berries and Water	Coronation chicken and couscous	Apples and pears	Pitta fingers, vegetable batons and hummus
Tuesday		Cereal and water	Quorn Chilli with rice	yoghurt + banana	Tuna and cucumber wraps
Wednesday		Bagels and Milk	Cheese and onion pie with baked beans	Fruit cocktail	Quorn sausages and finger rolls with baby tomatoes
Thursday		Cereal and water	Fish in parsley sauce with green beans and jacket potato	Lemon cake	Ploughman's cheese crackers and pickles
Friday		Brioche and milk	Quorn pasta bolognese	Fruit jelly	Cheesy sandwiches and red grapes

Snack Given at 5pm