

# CITY DAY NURSERY

## SUMMER NEWSLETTER

### Teddy Bears Picnic



With the nursery being based within the City Centre we are lucky to have free events happening on our door step! On July 20th 2017 the National Waterfront Museum were holding a Teddy Bears Picnic which involved local businesses providing crafts and hand on activities for children to play with. The theme this year was children's tv programs and the children at City decided to go as the tv program 'Bob the Builder'. Both Under and Over 2 children got involved and couldn't wait to go on a adventure.



The children played with all the fun activities and even met all the people that help us keep safe, like the police, fire and lifeguard team! They finished the day off by filling their tummies with a scrumptious picnic!

What a lovely day we all had. Both children and staff are looking forward to doing all again next year.

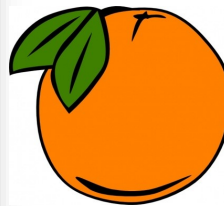
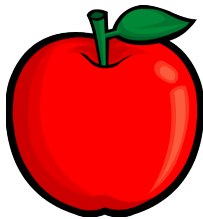


### Dates For Your Diary

- 02/08 Free Event—National Playday  
12.30pm—4pm at The National Waterfront Museum
- 03/08 Watermelon Day
- 07/08 Raksha Bandhan
- 09/08 Europe Day
- 19/08 Free Event—Pirate Day—12pm—4pm at The National Waterfront Museum
- 20/08 Paniyiri Festival
- 24/08 Scavenger hunt day
- 28/08 Bank Holiday
- 31/08 National Dog Day
- 04/09 National Wildlife Day
- 07/09 Free Event—Monthly Movie—  
We're going on a bear hunt—  
10.30am at The National Waterfront Museum
- 13/09 Positive Thinking Day
- 18/09 Rice Krispie Treat Day
- 21/09 Rosh Hashanah
- 24/09 Free Entry—Roald Dahl Day—  
12pm—4pm at the National Waterfront Museum
- 25/09 Comic Book Day
- 01/10 Grandparents Day
- 04/10 Mid Autumn Moon Festival
- 06/10 World Smile Day
- 18/10 Chocolate Cupcake Day
- 21/10 Count your buttons day

# News From The Under 2's

Children within the under 2's section have been learning about healthy eating. And the staff at City have been trying to find different ways to incorporate this while at the nursery. One of the ways was through a painting activity where children used fruit to make prints with paint.



Vivien had lots of fun apple printing. She made sure she used the red paint as it was a red apple. Well Done Vivien!

Encouraging children to eat a nutritious, balanced diet early on is important for a number of reasons. Ensuring they get the right vitamins and minerals in their diet will help them grow and develop optimally. They are also more likely to be energised and motivated, supporting their ability to learn. Educating them on healthy eating during childhood also helps them make healthier choices as they become adults. This is why healthy eating is so important within Schoolhouse.

For more information on the benefits of healthy eating and tips on getting your children to eat healthier please visit

<http://www.nutritionist-resource.org.uk/content/healthy-eating-for-kids.html>

## Breaking News



Oscar James became a big brother on the 21st June 2017

Oscar had a little sister called Sydney. Mummy and Daddy have told us he is being a great role model to her and is being a great help!





# News From The Over 2's

The Over 2's have been getting messy!

Staff in the Over 2's planned 2 messy play activities for all the children to play with.

One activity involved shaving foam where the children enjoyed mark making and also pretending it was snowing. Eabha couldn't stop laughing when she clapped her hands and the foam went everywhere, and Khiarna ended up having it on her nose... Hehe..



## Goodbye and Good Luck

All staff and children at City Day Nursery would like to wish all the children in Preschool who will be leaving us to go to full time school in September the best of luck



in your new adventure!

The second activity was an edible one involving baked beans where the children had different size bowls and plates and also some utensils to use for moving the baked beans about. But who needs utensils when you have your hands? Emily loved the way it felt squishing the beans in the palms of her hands and Niamh made sure the beans tasted ok for all of her friends. Is that yummy Niamh?



Although playing a game or playing with toys can be educational and fun; messy play focuses on exploring and experimenting with different materials without any end goal such as to build or make something. This allows young children to make their own discoveries using their senses, curiosity and knowledge.

Because messy and sensory play is all about exploring, there's no right or wrong. This means that any child can participate, whatever their ability, and benefit from it. It's also a very sociable activity, but one that doesn't rely on words. Children can play together and share their discoveries without needing to explain things verbally. However, it can also be a way of encouraging speech, for example by describing sensations, textures etc., and helping your child build their vocabulary.

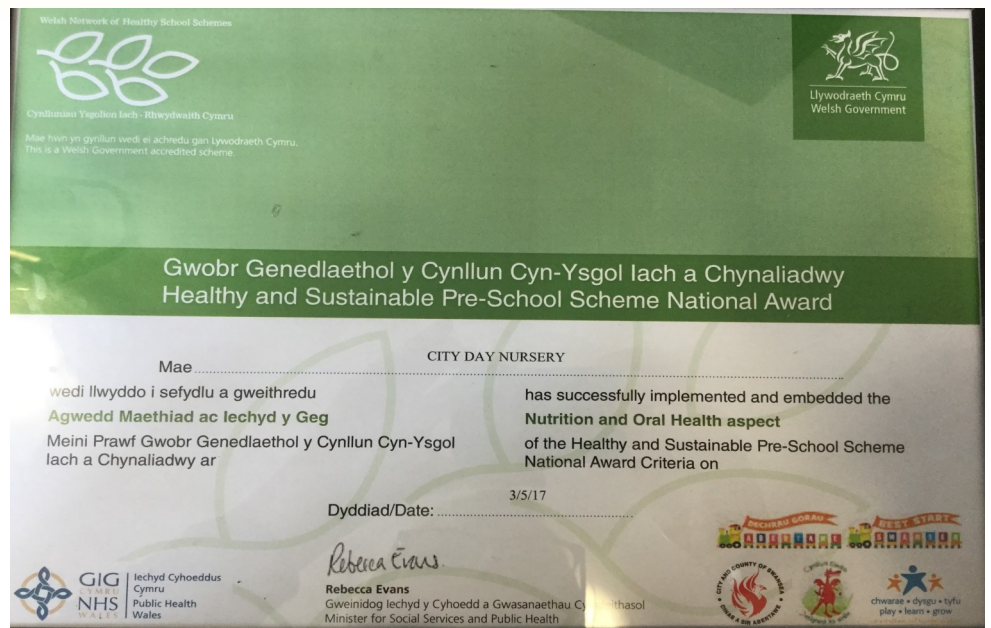


# Healthy and Sustainable Preschool Scheme National Award

City Day Nursery was visited by Finley the Bear today to present us with our Nutrition and Oral Health aspect of the Healthy and Sustainable Preschool Scheme National Award.

## Staff Information

- Both **Natasha Hazell** and **Danni Corben** sadly left us in June. Danni Corben will be spending a year in America childminding and Natasha Hazell will be moving into the childminding sector also but within the UK. I am sure you will all join us in wishing them both the best of luck for the future.
- We have 2 members of staff who have joined our city team. Please welcome **Kirsty Davies** who will be our new cook and making us some yummy treats at food time! And also **Sarah-Louise Drew** who will be one of our new school run drivers!



Layla was very excited to see Finley the bear and told mum all about the surprise visit when she came to pick her up.

It was a lovely to meet you. Thank you Finley!

