**City Day Nursery**

**Autumn/Winter Menu 2016**

**Week 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early Bird breakfast on request** | **Breakfast**  **9.30 am** | **Lunch**  **11.30am**  **(All served with a cup of water)** | **Dessert**  **11.30am** | **Afternoon Snack**  **3pm**  **(All served with a cup of water)** |
| Monday | | Porridge & Blueberries with a cup of water | Chicken curry with rice and poppadums’ | Mandarins | Ham or Quorn Ham with salad in pitta pockets |
| Tuesday | | Crumpets and a cup banana milk | Leek and Potato soup with crusty bread | Apple & Pear slices | Chicken sandwiches with grapes |
| Wednesday | | Toasted Bagels and cream cheese with a cup of milk | Cod with mash potato, sweetcorn and peas | Mixed Fruit Salad | Tuna and sweetcorn dip with pitta fingers and cucumber slices |
| Thursday | | Toasted fruit loaf with a cup of milk | Cheesy potato pie and baked beans | Chocolate Sponge with Custard | Cheese toasties with tomato slices |
| Friday | | Choice of Cereal with a cup of water | Vegetable Stew | Flavoured Ice-Cream | Crackers with apple slices and cheese |

**City Day Nursery**

**Autumn/Winter Menu 2016**

**Week 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early bird breakfast on request** | **Breakfast**  **9.30am** | **Lunch**  **11.30am**  **(All served with a cup of water)** | **Dessert**  **11.30am** | **Afternoon Snack**  **3pm**  **(All served with a cup of water)** |
| Monday | | Choice of Cereal with a cup of water | Cheesy Tuna and sweetcorn Pasta | Melon Smiles | Baked beans on Toast |
| Tuesday | | Mixed fruit and yoghurt with a cup of water | Vegetarian cottage pie with broccoli | Banana slices with custard | Rice cakes with salmon pate and cucumber sticks |
| Wednesday | | Toast with a cup of banana milk | Corn beef Hash with beans | Fruit Jelly | Egg and cress rolls with pepper batons |
| Thursday | | Choice of Cereal with a cup of water | Meat Free Sausage dinner with veg and boiled potatoes | Jam Roly Poly with custard | Apple and pear slices with crackers and cheese |
| Friday | | Brioche with a cup of milk | Pasta Bolognaise with meat free mince | Mousse | Ham or Quorn Ham sandwiches with yoghurt and fruit |