**City Day Nursery**

 **Autumn/Winter Menu 2016**

**Week 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early Bird breakfast on request** | **Breakfast****9.30 am** | **Lunch****11.30am****(All served with a cup of water)** | **Dessert****11.30am** | **Afternoon Snack****3pm****(All served with a cup of water)** |
| Monday | Porridge & Blueberries with a cup of water | Chicken curry with rice and poppadums’  | Mandarins | Ham or Quorn Ham with salad in pitta pockets  |
| Tuesday | Crumpets and a cup banana milk | Leek and Potato soup with crusty bread  | Apple & Pear slices  | Chicken sandwiches with grapes  |
| Wednesday | Toasted Bagels and cream cheese with a cup of milk  | Cod with mash potato, sweetcorn and peas  | Mixed Fruit Salad  | Tuna and sweetcorn dip with pitta fingers and cucumber slices  |
| Thursday | Toasted fruit loaf with a cup of milk  |  Cheesy potato pie and baked beans  | Chocolate Sponge with Custard | Cheese toasties with tomato slices  |
| Friday | Choice of Cereal with a cup of water  | Vegetable Stew  | Flavoured Ice-Cream  | Crackers with apple slices and cheese  |

**City Day Nursery**

 **Autumn/Winter Menu 2016**

**Week 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Day** | **Early bird breakfast on request** | **Breakfast****9.30am** | **Lunch****11.30am****(All served with a cup of water)** | **Dessert****11.30am** | **Afternoon Snack****3pm****(All served with a cup of water)** |
| Monday | Choice of Cereal with a cup of water | Cheesy Tuna and sweetcorn Pasta  | Melon Smiles | Baked beans on Toast |
| Tuesday | Mixed fruit and yoghurt with a cup of water | Vegetarian cottage pie with broccoli  | Banana slices with custard  | Rice cakes with salmon pate and cucumber sticks  |
| Wednesday | Toast with a cup of banana milk | Corn beef Hash with beans | Fruit Jelly  | Egg and cress rolls with pepper batons  |
| Thursday | Choice of Cereal with a cup of water | Meat Free Sausage dinner with veg and boiled potatoes | Jam Roly Poly with custard | Apple and pear slices with crackers and cheese  |
| Friday | Brioche with a cup of milk  | Pasta Bolognaise with meat free mince  | Mousse  | Ham or Quorn Ham sandwiches with yoghurt and fruit  |